This semester has been one of our busiest yet at Charters Towers State High School and there is a great deal to celebrate.

**Junior Secondary:** Not only has our school grown with the successful integration of Year 7s, we have also introduced an all new Junior Secondary Model which, in conjunction with the hard work of both teachers and students, is producing quality academic results. NAPLAN tests have been completed with Year 7s completing at State High for the first time and I believe it has been our most successful NAPLAN ever. Congratulations Year 7s and Year 9s and to the teachers and Heads of Department who worked so hard to make it such a success.

All Junior Secondary students have been working extremely hard at finishing their assessment for the term. It has been great to be able to walk into classrooms and see students hard at work. Congratulations Junior Secondary.

In the **Senior School** students have been working hard tracking towards their QCE. Amongst our many successes this term we have just recently had students involved in **Dare To Defy Gravity.** The Australian Defence Force held a Dare to Defy Gravity event in Townsville over the weekend and Jade Matthews attended as one of a number of high achieving female students to successfully sit an aptitude screening test and talk with ADF pilots. Jade did exceptionally well and did our school proud. She exceeded our expectations and was offered entry into the Australian Defence Force Academy within a wide range of fields. That is a fantastic effort, congratulations Jade.

**Rotary Exchange Student:** Congratulations to Emma Brandis who received an exchange scholarship through Rotary to Germany for next year for a 12 month period. While Emma is in Germany she will attend a school which prepares students for entry to university. Congratulations to Emma.

**Staffing:** We have a number of staff leaving us and I would like to take the opportunity to thank them all for their fantastic contribution to the school:

- Mr Sam Wrangle for his work in helping establish the Junior Secondary Year 7 class this year;
- Ms Jacqui Edge for her work in Food Studies, both in Junior Secondary and the Senior School;
- Mr Rod Cook for his work in the Senior Sciences.

I would also like to congratulate:

- Mrs Stacey Alloway who will be leaving us for a term to take up an acting position as Deputy Principal at William Ross State High School in Townsville; and
- Ms Aman Bhuller who will be stepping up to replace Mrs Alloway as Acting Head of Department Senior Secondary.

Rewards afternoon is today. This is to celebrate students who have not only attended on a regular basis but have acted in accordance with school expectations throughout the term.

Remember Every Single Day Counts at School.

**Report Cards:** Students were assessed up to and including today. Report cards will, therefore, be issued in Week 2 of Term 3. If you don't already have your email address registered with the school, please contact the office on 4754 6555 so that we can email your child’s report direct to you. For those without email, a paper copy will be sent home with your child/ren.

I wish you all a safe and happy holiday and look forward to seeing all students and staff again on Monday 13th July.

Yours in Education, **Derek Copelin,** Deputy Principal
Parents and Citizens’ Association: Next Meeting
Tuesday 14th July - 6.30pm—Administration Block
ALL WELCOME!

Student learning is enhanced when parents and schools work together.

EXPRESSIONS OF INTEREST
Temporary Teacher Aide

25hrs/wk (5hrs/day) from 20 July to 11 December 2015.
All hours will be in the classroom, assisting teachers. 
Blue Card is essential before commencing duties.

Applications close 15th July and should be addressed to:

Expressions of Interest – Teacher Aide
Charters Towers State High School
PO Box 234
Charters Towers  Qld  4820

The **Townsville Careers Expo** will be held in Townsville on Monday 10th August @ the
Townsville RSL Stadium, Murray Sports Complex from 10:00am – 1:30pm and from 4:00pm – 7:00pm. This expo is an
excellent opportunity for all students and their parents to get information on further training, career pathways and
employment options. Students will be able to attend the motivational speaker sessions during the day
session. Exhibitors include universities from around Australia, government agencies, private training colleges, TAFE,
apprenticeship and traineeship providers, trade demonstrations, CCIQ job shop, defence force recruiting and student
services. Even though our school does not attend this event, please feel free to attend with your family during the
afternoon session outside of school hours.

**STACEY ALLOWAY, HEAD OF DEPARTMENT**

This term in **Junior Secondary Visual Art** the Year 7, 9 and 10 students have been
creatively completing their assessment items. The Year 10s put their painting skills to good use when they
completed a self-portrait using only black, white and grey tones. On the other hand, the Year 9s literally cast
their hands to create 3D ‘hand sculpture’ of a particular environment. In Year 7 the students used paper
mache to construct a mask that they then painted to reflect a different culture and country. Overall, all year
levels did a wonderful job in building up their painting, drawing and reflecting skills this term and I am
looking forward to teaching a new group of students next term.

The Year 11 and 12 **Senior Art** students have just completed their first “making” task for 2015. The
students had 14 weeks to plan, research, devise and create a resolved artwork. Overall, all students did a great
job and I am looking forward to seeing what they create for ‘Snapshot’ (Year 12) and ‘Reacting and
Expressing’ (Year 11).

Great job Art students, I am looking forward to teaching you next term!

**MICHELLE STEWART, TEACHER**
Year 11 and 12 Modern History have been learning about the power of hope through their study of Human Rights in Africa. In preparation for an assessment, students were asked to consider “hope”; what it is, what it does and how it has become such a powerful and driving force in the world. Dakota Heilman eloquently explains that hope is life.

Hope

Some people may say that hope is the little voice you hear whisper “Maybe” when it seems like the entire world is saying “No!” Others may say that hope is the only spark that can be born in darkness and despair. Hold On Pain Ends...that’s what hope is. Hope is often linked to religion as well as many people receive hope from their God. When we take the time to read a book, we find over and over we are being offered hope. Sometimes it just means that you reach out your hand to someone who will talk to you. Every time you are upset or down you stretch out your arms for a hug. You may just search for a smile or a kind word. What you are seeking is hope and the comfort and peace it brings. Have you ever gone through your closet and bagged up the extra, unused clothes and shoes you no longer need and then donated them to a shelter? Do you take food to the food banks who serve those who need help? Do you offer aid to the homeless shelters who take in those who have no place to call home? Every time you do these things, you offer hope to someone in need. We are told in Matthew 25:40, “Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.” We all have the ability to offer hope to others whether they want it or not.

Imagine you’re a lost child in a large supermarket. You can’t find your mum or your dad. There are huge crowds walking around you, you start to cry and you call out to your parents. By calling out to your parents you have hope; hope that they can hear you, hope that they come back, and hope that you are able to be wrapped in their arms again and tucked in at night. Your parents at the same time would be hoping that you are safe and hoping that they find you and when you reunite with your parents they wrap you in a big huge and almost cry. Then the hope it never happens again. A cancer patient has hope that their cancer will go away, that it can be treated and hope that they survive. The patient’s family and friends hope that the patient will get better and that the cancer disappears.

Hope is one of the most important ingredients of life. It defines the way we live our lives. It is only hope that encourages people to achieve their desired aims. For defeated, it is the only power that enables them to stand once again in the face of tyranny. For the poor, it is the only thing they possess. Hope, therefore, constitutes the way of life. One of the most characteristic attributes of hope is encouragement. It prompts people into translating their dreams into reality. Hope provides them energy to walk along the thorny tracks of life. It means that where there is hope, there is a struggle. For instance, there was a hope among the people of India to live freely. They desired a homeland without foreign domination. In order to achieve independence from British, everyone struggled in the way of freedom. Thus, it can be said that hope compels people to struggle for their lives. Not only this, hope is one of the finest panaceas for the wounds inflicted upon people by time. When people are defeated, it is only hope that makes them fight once again. History bears unmistakable testimony to it. Japanese, say, were defeated in World War II. However, they did not lose their hope. Today, Japan is one of the major contributors to global economy. In such a way, hope plays a decisive role in the lives of people. Therefore, importance of hope in life stands unquestionable. Hope determines the horizons of the progress and prosperity. Hope helps people overcome their fears and makes them inscrbers of their own destiny. Hope lets people live their lives. Hope is the way of life.

Dakota Heilman, Student

DO YOU HAVE THE NEW APP?

We have now transferred from Skoolbag to the QSchools App and parents are encouraged to use this application which is a cost effective means of receiving timely information from the school, including newsletters. This application is expected to broaden in the future and be used for a variety of communications between the school and parents and, in turn, between parents and the school.

To download or update the QSchools App (Android, Apple or Windows 8), search for Charters Towers State High School and “favourite” your school to receive updates. Please ensure push notifications are enabled in your phone settings.
13 July 2015

Dear Parent/Carer

On Thursday 30th and Friday 31st July students will be participating in the 2015 Interhouse Athletics Carnival which is a culmination to school physical education programs, maximising participation and active involvement of all students. The carnival provides students the opportunity to further develop their skills whilst representing their school in a variety of athletic events.

The Carnival will be held at the school’s Friemann Oval between 1.00 pm and 3.00 pm on Thursday and from 8.30 am to 3.00 pm on Friday. These are rostered school days, rolls will be marked and absences must be explained. Unexplained absences will be recorded and referred to when planning Rewards Programs. All school rules apply as this is a school event.

Students will be transported by bus to Friemann Oval, free of charge, on the Thursday but will be required to find their own way home. Students will be required to find their own way to/from Friemann Oval on the Friday. Bus companies have been notified and those students who routinely catch an after-school bus will be collected from Friemann Oval.

The risk level of this carnival is assessed as high. Students will be required to use equipment such as javelins and discus. All areas used for these events will be carefully supervised, monitored and cordoned off. This carnival will be led and supervised by all teaching staff from Charters Towers State High School, several of whom have current First Aid and CPR Training. Our sports teachers have all obtained Athletics Coaching Qualifications.

All students must wear full school uniform, or house colours, including a hat, sunscreen and closed in shoes. Please note that students are required under Workplace Health and Safety Regulations to have shoes on for all events. They should bring a water bottle and their own lunch. There will be a tuckshop available throughout the day, however, it is advisable for students to bring their own lunch.

All parents/caregivers are invited to attend.

The carnival will be cancelled in the event of rain on either day and students should report to school for normal lessons.

Please note that the Department of Education and Training does not have Personal Accident Insurance cover for students.

Yours faithfully

Moya A Mohr
Principal
## SPORTS DAY MENU — Sorry, Cash Only

### HOT

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steak Burger (steak, lettuce, tomato, cheese, onion)</td>
<td>$ 5.00 each</td>
</tr>
<tr>
<td>Pie (with/without sauce)</td>
<td>$ 4.00 each</td>
</tr>
<tr>
<td>Chips (with/without gravy/sauce)</td>
<td>$ 4.00 serve</td>
</tr>
<tr>
<td>Hot Dog in a bun (with/without sauce)</td>
<td>$ 3.50 each</td>
</tr>
<tr>
<td>Pork Rib (marinated BBQ)</td>
<td>$ 3.00 each</td>
</tr>
<tr>
<td>Sausage Roll (with/without sauce)</td>
<td>$ 2.50 each</td>
</tr>
<tr>
<td>Hash Brown (until sold out)</td>
<td>$ 1.00 each</td>
</tr>
</tbody>
</table>

### COLD

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wraps (ham and salad / chicken and salad)</td>
<td>$ 4.00 each</td>
</tr>
<tr>
<td>Rolls (corned meat and salad / ham and salad)</td>
<td>$ 4.00 each</td>
</tr>
<tr>
<td>Sandwiches (various selections)</td>
<td>$ 3.00 round</td>
</tr>
</tbody>
</table>

### DRINKS AND SNACKS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Powerade (blue, red, lem/lime)</td>
<td>$ 4.00 each</td>
</tr>
<tr>
<td>Milk, 500mL Classic (coffee or chocolate)</td>
<td>$ 3.50 each</td>
</tr>
<tr>
<td>Soft drinks (Coke, lemonade, lemon, orange)</td>
<td>$ 2.50 each</td>
</tr>
<tr>
<td>Water</td>
<td>$ 2.00 each</td>
</tr>
<tr>
<td>Chocolates (various selections)</td>
<td>$ 2.50 each</td>
</tr>
<tr>
<td>Sour Patch Kids</td>
<td>$ 2.00 each</td>
</tr>
<tr>
<td>Killer Pythons</td>
<td>$ 1.50 each</td>
</tr>
<tr>
<td>Chips (sea salt, honey soy, BBQ)</td>
<td>$ 1.50 each</td>
</tr>
<tr>
<td>TEA (bag) or COFFEE (instant)</td>
<td>$ 2.00 each</td>
</tr>
</tbody>
</table>
FROM THE GUIDANCE OFFICER

Managing Difficult Moments

Praise and other kinds of acknowledgement are motivating and are often needed to help children (and adults) change their behaviour. Psychological research has shown that following up on a person's good behaviour with something positive makes it more likely that the behaviour will happen again but is this enough?

The following suggestions will also contribute to a calmer household:

**Pick the battles**
Especially as children get older the battlefield can, if not monitored, become `out of control` – As children grow and assert their independence they, at times, push the boundaries. Friends and technology become a focus rather than family; safety can be ignored; messiness and mood changes can create disharmony in the family. Picking and choosing which battle to tackle is an art to acquire. Here is a tip - Focus on the most important **issue** at any one time rather than a plethora of problems. If children / adolescents perceive that nothing they do is right then often they give up listening.

*Remember: Safety is a priority not to be negotiated.*

**Be clear in your expectations**
Is what you have asked your child/ adolescent to do clear enough? Saying ‘I want you to pick up the clothes off the floor in your room’, is clearer and achievable than ‘your mess is annoying me’.

**Ensure the expected behaviour is realistic and achievable**
Sometimes we ask children to do things that are too difficult for them to do without help eg. expecting a child to be in charge of young siblings is not realistic nor safe.

**Monitor your own behaviour**
Are you managing your own emotions when you are requesting your child to do the same? (Yelling at a child because of their angry outburst is actually reinforcing that yelling and loss of control is ok.)

*Do you say one thing and do another? (Getting annoyed about mess when you are messy.)*

**Catch Your Child/Adolescents Being Good**
Keep a record of the behaviours you are pleased with and share the positive observations with your child.

**Have reward strategies up your sleeve for those ‘hard to change’ behaviours:**
- Ask your child about what they like. If they suggest the reward, it will be more motivating.
- Make sure the reward is realistic for you to give (and preferably not costing money).
- If the child becomes bored by use of the same reward, use a menu of items to create variety. When your child meets his/her behaviour expectation, he/she selects one reward from the menu.
- A mystery reward is also very motivating for most children.
- If a child wants to earn a big reward (eg. computer game, movie, etc.), you could use a token system. Each day he/she could earn tokens that can be exchanged later for a bigger reward.
- Emphasise social rewards and privileges over material rewards. Material rewards (eg. toys, money, etc.) are expensive and often don’t work. Many children enjoy having time to spend with their parents or carers. Rewards involving time and activities with parents or carers (no matter what age) can be reinforcing and promote good relationships at the same time.
- Follow through with consequence.
- Is it fair and related to the misdemeanour?
- Does your child understand why they are given the consequence?
- Will there be opportunity for your child to learn from their mistakes eg. parent /child discussion about the problem at hand, problem solving with your child around better choices and, if necessary, role playing of appropriate behaviour.

**Homework for the week ahead:**
Double the amount of praise you give your child for his/her good efforts in the coming week, and monitor its success. Keep a track of negative responses you use in conversations with your child.

*(You may need to expand your own vocabulary so you have a variety of positive comments ready to encourage your child).*

If you have reached this line, then, **well done for taking such an interest in reading these strategies.** Good luck with your implementation.
Every day counts

MOST STUDENTS ATTEND SCHOOL EVERY DAY

It’s important that children are at school all day, every day.

OK reasons to stay home from school:
- sick
- natural disasters

It’s NOT OK to skip school to:
- shop
- sleep in
- finish an assignment
- go on holidays

EVERY DAY AT SCHOOL COUNTS

Missing even 1 day can make a difference

1 day off school each fortnight = Missing more than a year of learning over 12 years

Each day’s learning builds on what has been learnt before

Good attendance begins in Prep

It’s where good habits begin

ATTEND ALL DAY, EVERY DAY

What parents can do:
- Promote the importance of school
- Get to know the teacher
- Go to school events
- Read the school newsletter
- Be organised at home
- Supervise homework
- Ask about your child’s day
- Volunteer to help at school

Get involved in your child’s school

For more information

Go to the Every day counts website: http://education.qld.gov.au/everydaycounts/

Great state. Great opportunity.

March 2014
Many teenagers seek independence and think they know best. No matter how hard parents try, some students may be reluctant or refuse to go to school. These are some ideas which may assist parents in dealing with teenagers and school refusal. Addressing this issue promptly and setting up good patterns in adolescence can lead to future success.

**DID YOU KNOW?**

- Missing one day of school each week adds up to 2 months missed over a year.
- Each day absent in high school has an impact on numeracy skills.
- Poor attendance may be associated with future unemployment, criminal activity, substance abuse, and poorer health and life expectancy.

**WHAT YOU CAN DO**

- Talk about the importance of showing up to school every day, make that the expectation. Regular attendance at school sets up good behaviours for regular attendance at work.
- Help your teenager maintain daily routines such as finishing homework and getting a good night's sleep. On average, teenagers need 8-9 hours sleep to be healthy and alert. You may also need to monitor their use of the Internet, mobile phone and TV at night to ensure they are not staying up too late or being disturbed while sleeping.
- Try not to schedule hair, dental or medical appointments during school hours. Arrange family holidays during scheduled school holidays so that they are not missing out on classes and, therefore, will not have to struggle to make up for lost time.
- Don’t let your teenager stay home unless genuinely sick. Complaints of headaches or stomach aches may be signs of anxiety.
- If your teenager wants to stay home to finish an assignment, rather than letting them stay home, expect them to go to school – make attendance the number one priority. Later, you can discuss with them how they can improve their study habits or adjust their schedule.
- If your school has an assessment calendar on its website, use this to help your teenager plan their study so that they avoid working late the night before an assignment is due.
- Be sure to set a good example – how you meet your commitments impacts on how they will meet theirs.
- Talk to your teenager. What are their feelings about school? What interests them at school? Are there any difficult situations? It helps if you open these discussions in a relaxed way so that your teenager knows you are demonstrating concern, not authority.
• Try to be aware of your teenager’s social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.

• Encourage meaningful extracurricular activities that your teenager enjoys, such as sports and clubs, to develop positive relationships and have success outside of a classroom setting. These activities can help your child feel part of the group, important to the school, and more motivated.

• Set clear parameters around part-time work. Make sure that the hours your teenager is working do not impact on their ability to go to school the next day, or interfere with school assessment expectations or exam preparation.

• Familiarise yourself with the school’s attendance policy. This can help when trying to reason with teenagers.

• Monitor your teenager’s attendance and school performance. Periodically check with their teachers to find out how things are going. If you find it difficult to contact several different teachers by phone, try email. Alternatively, if your school has a year level coordinator, they may be a helpful point of contact in relation to specific issues.

Remember...
You can talk with school staff (such as the teacher, year level coordinator, deputy principal or principal) to find out what assistance they can provide to keep your teenager attending and engaged.

USEFUL WEBSITES
http://raisingchildren.net.au/
http://deta.qld.gov.au/initiatives/learningandwellbeing/resources.html#
http://au.reachout.com/

School Expectations:
⇒ I am Safe
⇒ I am a Learner
⇒ I am Respectful

24 hour
Student
Absentee Line
07 4754 6560

Charters Towers State High School

School Watch 13 17 88
If you see anything suspicious at our school over the holidays, please call the School Watch number. Please don’t attempt to intervene.
You are invited to a free workshop with
Family Planning
Queensland
For professionals and service providers

This workshop will explore strategies and resources to assist professionals to communicate positively about relationships and sexuality with families and young people with disability. A framework for identifying, understanding and responding to sexual behaviours will be explored. Participants will have the opportunity to explore values, social learning and increase their confidence in talking to families and young people about this important topic.

Course content:
- Relationships, sexuality and disability
- Why relationships and sexuality is important to talk about
- Using the Traffic Lights framework to understand and identify the characteristics of normal, healthy sexual behaviours as well as those which are concerning, problematic or harmful

When: July 2nd—10:00am to 4:00pm
Where: Charters Towers
Neighbourhood Centre
3 Powell Lane
Light Lunch Provided

RSVP: By 26th June 2015
Commonwealth Respite Carelink Centre
Tel: 1800 052 222
2015 Charters Towers
Careers and Opportunities Expo

Wednesday 22nd July | 10:00am—3:00pm
Dalrymple Trade Training Centre
1-13 Macpherson St, Richmond Hill

Defence Force Recruiting
Police Recruiting
Queensland Fire and Emergency Services
Central Queensland University
TAFE North
James Cook University
Careers Australia
Torgas
Tech-NQ

Skills360
FIT College
The Fitness Institute
Choice Training
MEGT
Evolution Mining
Mining recruiting
GTEC Training and Development

and many more...

Proudly supported by
2015 school calendar
Queensland state schools

There are 195 school days in 2015. Semester 1 2015 commences for teachers on January 22 and for students on January 27.

STAFF PROFESSIONAL DEVELOPMENT DAYS
Staff professional development days for teachers are January 22 and 23, and October 19, with three additional flexible days. Schools are able to decide when their flexible days will be held, as long as they are in the school holidays or out-of-school hours.

PUBLIC HOLIDAYS
Public holidays are set by the Industrial Relations Minister.
Public holidays for a local show are not shown due to diversity of dates across the state.

FINAL DATES FOR STUDENT ATTENDANCE
November 20 is the final date for Year 12 attendance for receipt of a Senior Statement. November 27 is the final date for student attendance in years 10 and 11.

Some schools in regional, rural and remote areas will close for the Summer holidays on December 4.
All other state primary, secondary and special schools will close on December 11.
In 2016, all state schools will re-open for students on January 25.
The information in this calendar was correct at the time of publication (August 2014) but may be subject to change.

For more information and the latest version of this calendar, visit www.education.qld.gov.au

Great state. Great opportunity.