**PRINCIPAL’S REPORT...**

**Goodbye:** As term one concludes, we say farewell to our esteemed Drama Teacher, Kara Sutton, who is heading to Victoria with her partner to seek further career advancement. We thank Kara for the excellent rapport she has developed with students and the wider community during her time as a member of “Team Towers” and wish her all the best.

Deb Macdonald also leaves us this week after a term, and we wish her well in her future.

Selena Komodzinska has commenced maternity leave and we all wait anxiously for news of a safe delivery.

**ANZAC Day Ceremony:** On Thursday 24th April at 9.00am, on the oval, we will hold our school ceremony. The Student Representative Council will be selling ribbons and badges to again raise money for Legacy.

On Friday 25th April at 5.30am, students are invited by the RSL to join the Dawn Service and place poppies on the War Graves.

Students who wish to represent the school at the Town March are asked to meet in the Overflow carpark by 9.30am SHARP to form up behind the school’s marching band. Full uniform is required thanks.

**Dalrymple Trade Training Centre Open Afternoon:** Thank you to all students from partner schools who attended to cook the BBQ; an excellent effort. The local community were certainly impressed with the facility and equipment and most enjoyed coffee and cake in the restaurant for afternoon tea. (Please see pictures next page.)

**Happy Holiday:** For those families who will be travelling, I wish you all a safe and relaxing holiday and remind everyone that school resumes on **Tuesday 22nd April**.

Yours in Education, **Moya A Mohr**, Principal

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**DATE CLAIMERS...**

**Term 1 commences**
Tuesday 22 April 2014

**School’s ANZAC Commemorations**
8.45am Thursday 24th April

**Interschool Netball and Rugby League**
13s, 14s, 2nds - Wednesday 30 April
15s, 1sts - Thursday 1st May

**FANFARE**
Tuesday 6 May—Townsville

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**QUEENSLAND TERM DATES 2014**

<table>
<thead>
<tr>
<th>Term</th>
<th>Term dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term 1</td>
<td>Tuesday 28 January - Friday 4 April</td>
</tr>
<tr>
<td>Term 2</td>
<td>Tuesday 22 April - Friday 27 June</td>
</tr>
<tr>
<td>Term 3</td>
<td>Monday 14 July - Friday 19 September</td>
</tr>
<tr>
<td>Term 4</td>
<td>Tuesday 7 October - Friday 12 December</td>
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**SCHOOL WATCH 13 17 88**

If you see anything suspicious at our school over the holidays, please call the School Watch number. Please don’t attempt to intervene.
Expressions of Interest are being sought for a **Temporary Teacher Aide** from 23 April to 12 December 2014, 12 hrs/wk. The applicant must be willing to work in class between the hours of 9am and 3pm over three days or as otherwise required. Currently, the days required are Tuesdays 2.5hrs, Wednesdays 5hrs and Thursdays 5hrs. A Blue Card is also required.

If interested, please submit your resume marked “Confidential: Application position Temporary Teacher Aide” to the school office by 12noon on Tuesday 22 April.
# Sporting Roundup

## Interhouse Cross Country

### Age Champions

**Congratulations to:**

<table>
<thead>
<tr>
<th>Girls</th>
<th>Age</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ruby Boundy</td>
<td>13</td>
<td>Rhylie Thompson</td>
</tr>
<tr>
<td>Winnie Duell</td>
<td>14</td>
<td>Jakeb Doyle</td>
</tr>
<tr>
<td>Lara-Jane Kimber</td>
<td>15</td>
<td>Jordan Rafter</td>
</tr>
<tr>
<td>Danielle Stover</td>
<td>16</td>
<td>Richie Laulau</td>
</tr>
<tr>
<td>Hayley Rolley</td>
<td>Open</td>
<td>Taylor Graham</td>
</tr>
</tbody>
</table>

### Runners Up

**Congratulations to:**

<table>
<thead>
<tr>
<th>Girls</th>
<th>Age</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carla Stonehouse</td>
<td>13</td>
<td>Marshall Gilligan</td>
</tr>
<tr>
<td>Alicia Polsen</td>
<td>14</td>
<td>Nicholas Carr</td>
</tr>
<tr>
<td>Megan Louk</td>
<td>15</td>
<td>Ethan Mabb</td>
</tr>
<tr>
<td>Cheyenne Johnston</td>
<td>16</td>
<td>Hayden Gosley</td>
</tr>
<tr>
<td>Samantha Staier</td>
<td>Open</td>
<td>Robbie Treier</td>
</tr>
</tbody>
</table>
The Interhouse Cross Country event was run on Friday 21st March in conjunction with the Golden Circle Fun Run which is used to raise money for the Physical Education Department to purchase new sporting equipment for the school. This year we had an amazing increase in the number of students participating in raising money for the school. The school raised a total of $1,396.50 compared to last year with a total of $383. Well done to the following students for contributing to the school community: Taliesin Pankurst, Carla Stonehouse, Storm Bohl, Tedi-annah Pehi, Jack Boundy, Karlee Willmot, Kelly Polsen, Thoriq Caddy, Romi Sato, Amelia Richards, Winnie Duell, Bobby Jean Austin, Shaylee Thomasson, Sophie Barron, Nikita Crane, Charli Cooper, Alicia Polsen, Kyleigh Paine, Kerryanne Pollard, Tahrea Briffa and Peta Thompson.

The top five outstanding students were: Winnie Duell $205, Storm Bohl $151, Kerryanne Pollard $147.10, Kyleigh Paine $143 and Charli Cooper $90.55. Well done girls and some amazing prizes are heading your way.

Congratulations to all the students who participated in the Cross Country; the behaviour was outstanding and the grounds were left immaculate.

Congratulations to Mosman House for taking out the 2014 Cross Country on 93 points.

Shelly Silver and the Sports Team
Australian Underwater Federation Visit

On Friday 28th March twenty students from the school nominated to take the opportunity to be shown how to snorkel and play underwater hockey, from Malcom and Judy from the Australian Underwater Federation.

All students learnt new skills and became very competent in playing underwater hockey.

The two instructors were so impressed with our students’ enthusiasm and skill level that they donated two underwater hockey sticks and a puck so that the school can look into pursuing the great sport.

All our students were extremely well behaved and had a blast.

Below are some action shots.

SHELLY SILVER, SPORTS COORDINATOR
On Thursday 20\textsuperscript{th} March Melissa Lane from the CSIRO (Commonwealth Scientific and Industrial Research Organisation) spent 3 sessions with the Year 8 geography students conducting experiments to complement what students have and will be learning in science and geography. The CSIRO Rocks to Rockets classroom experience exposed students to the ins and outs of the mining industry with close links to the Australian Curriculum in both Science and geography. According to Lane, "The program aims to introduce students to the benefits and processes involved in mining, a variety of minerals and the ways that these minerals are used in our day to day lives." Students got to try their hand at copper coating a nail, simulating the processes of solar panels in space, core drilling through marble cakes, chemical weathering, and gold panning.

“We try to have a little bit of fun along the way - with gold panning and erupting volcanoes” - Melissa Lane.

\textbf{Taliesin Pankhurst:} “The CSIRO visit was interesting, fun and I learnt a lot of things I didn’t know. My favourite bit was using the hairdryer to heat the nitinol wire - it changes shape like the solar panels in space do!”

\textbf{Cadeem Morganson:} “In the volcano activity we had to combine vinegar and bicarb soda and boom it exploded!”

\textbf{Keyah Smith-Wehrmann:} “The activities help us gain knowledge about different rocks and how they are used. It was cool.”

\textbf{Romi Sato:} “I like the hands on activities because it’s enjoyable and doing the experiments helps us learn more.”

We would like to thank James Cook University and the North Queensland Government CSIRO Education Centre whose partnership made this travelling classroom accessible for the students at State High.

\textbf{Uvette Hughes, Year 10 Coordinator}
State High Big Band students joined forces last Friday afternoon with other high school students from ASSG, CCC, BTC, primary school students Jordan Dietrich and Noah Niemi, past students Kam Coffison, Shawnee Tweedie, Sharna and Jarred Webber and teachers Elly Jenkinson (SHS), Caine Wager (BTC), Leslie Crocker (ASSG) and Tamara Korn (CCC) for the annual Charters Towers Big Band workshop. This intensive two hour workshop was spent learning four charts, which were later performed at the opening of the 2014 Battle of the Bands.

The 2014 CHARTERS TOWERS BATTLE OF THE BANDS, hosted by State High in conjunction with the Charters Towers Regional Council, was hailed another success. With more performers than ever before. The night saw an eclectic range of performers from rap, country, dubstep and metal. The 250 strong audience members were supportive and encouraging to every performer. With such a close competition, the judges took their time deliberating the winners of each section, they were:

- Encouragement award: Jack and Lacey (ASSG)
- Best Stage Presence: Dougie D Dollar B$LL (CTSHS)
- Most Original: Ultramatic (CTSHS)
- Winner: Up and Coming (O'Donoghue family)

State High cleaned up with three awards. The students were very professional and did us very proud.

I would like to thank everyone involved who helped plan and run the night. Simon took some amazing photos of the performers, while Stacey, Tim and Aman cooked a wicked BBQ. Dave was great security and kept the peace across the venue. Thank you. We hope to gain further support and funding across the entire community for 2015, to ensure this great event promoting young performers in Charters Towers stays alive.

MARCHING PRACTICE
The State High Wind Symphony has begun preparations for their second ANZAC Day march. New students were taught the ins and outs of marching and playing, while the senior students led by example. This is a great achievement from all musicians and will make me very proud on the day.

FANFARE
The State High Wind Symphony and Big Band have been busy rehearsing for the 2014 Queensland FANFARE competition. On 6th May students will travel to Townsville to compete against other State School ensembles. This is always a great opportunity to see the standard around the state and give our students a means to show off what Charters Towers has. Students have been giving up their weekends for additional rehearsals, and their holidays will be spent practising their parts for next term’s competition. We will continue to monitor their progress through this very important Instrumental Music festival.

HADDON MOSSLEY, DIRECTOR OF INSTRUMENTAL MUSIC
**Student Representative Council**

This year, the Student Representative Council (SRC) is actively including members from our Junior Secondary school to be involved with all SRC activities. Our senior students have been familiarising themselves with their roles as executive members and mentoring the junior secondary students in meetings and SRC activities. The first fundraising event of the year was a sausage sizzle and softdrink day which coincided with a ‘red’ day which allowed students to purchase food items classified in the ‘red’ category. A total of $260 was raised on this day which will be used to help farmers who have been affected by drought.

Another fundraiser was completed this week to raise money for one of our students, Ashley Wheeler, who is travelling away to represent North Queensland playing Lawn Bowls. We wish Ashley the best of luck with her lawn bowls competition.

LANCE MACKENZIE, COORDINATOR

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**‘Skoolbag’ School iPhone and Android App**

**Have you got the App?**

We are signed up for our own Skoolbag Mobile Communications Apps to help us communicate more effectively with our parent/student community.

To download the Apple version, look for our school name "Charters Towers State High School" in the Apple App Store and install it on your iPhone. The Android version can be downloaded from the Google Play Store. Both are free and provide you with instant access to important information provided by the school.
The 2014 National Day of Action against bullying and violence was held at State High on Thursday 20 March.
Parents as members of the P&C are the voice of the school and allocate the distribution of fundraising to worthy school causes.

As a parent, you are invited to become an active member of the P&C by attending meetings in the Administration Lounge once a month (the second Tuesday in the month) for 1 hour from 6.30pm. The next meeting is Tuesday 13 May.

This is the place where school policy is decided and the place for you to have your say.

Some school activities and physical education, particularly contact sports, carry inherent risks of injury. Parents are advised the Department of Education, Training and Employment does not have accident insurance cover for students.

If your child is injured at school as a result of an accident or incident, all costs associated with the injury, including medical costs are the responsibility of the parent or caregiver. Some incidental medical costs may be covered by Medicare. If you have private health insurance, some costs may also be covered by your provider. Any other costs must be covered by parents. Student accident insurance pays some benefits in certain circumstances should your child have an accident. It is up to all parents to decide what types and what level of private insurance they wish to arrange to cover their child. Please contact your insurer or an approved Australian insurance broker if you wish to take out student personal accident insurance cover for your child.
CONFIDENCE

How Confidence Develops
For most children school means spending more time on learning and less on ‘play’. It also means more expectations of them – from parents, carers, teaching staff and also from themselves. Children typically start out with high expectations. When they see how well they do things compared to others, their view of their own abilities often changes. They learn that they are good at some things and not so good at others. They also see how others respond to what they do. These things influence their confidence in their abilities, and influence how willing they are to have a go in situations where they feel unsure.

How Parents and Carers Can Help
Confidence improves through building on small successes. Parents and carers (and teaching staff) can help by:
- explaining that skills develop with practice
- encouraging persistence when outcomes aren’t achieved straight away
- praising effort, persistence and improvement
- making sure that goals are achievable by breaking down large tasks or responsibilities into small steps
- being ready to help when necessary, without taking over
- encouraging children to have a go and valuing individual improvement.

Confident Thinking
Self-esteem is an important part of confidence. Having good self-esteem means accepting and feeling positive about yourself. Confidence is not just feeling good but also knowing you are good at something. Remember: How I think affects how I feel.

Particular ways of thinking are very important for building confidence. Helpful ways of thinking include:
- believing that, if you try, you can succeed
- finding positive ways to cope with failure that encourage having another go
- enjoying learning for its own sake by competing with your own performance rather than that of others.

Dealing with Disappointment
Everybody fails to achieve their goals sometimes. Parents and carers (and teaching staff) can help by:
- Acknowledging feelings, and responding sympathetically and with encouragement e.g. “You sound disappointed, but at least you had a go.”
- Helping kids focus on what they can change to make things better, rather than thinking that the situation is unchangeable or that there is something wrong with them, e.g., “What can you try that might make that work better next time?”
- Challenging words like ‘I can’t’ or ‘I’m a failure’, and letting them know that ‘giving up’ may not help them reach their goal.
- Let them know you believe in them and remind them of what they have achieved.

Adapted from: www.kidsmatter.edu.au

CHRISTINE BARNES, GUIDANCE OFFICER
Get your friends off the couch and join them in a race.
Teams will follow route information cards to checkpoints across the Central Business District and face challenges at each location to receive a clue for the next location. Checkpoint challenges ensure that it's not the fastest team that takes out the day; a subtle mix of time and skill will see everyone contending for **victory**!

**when>>** Tuesday, 8 April 2014  
**Starting @ 1.00 pm**  
**where >>** Defiance Mill Park (Skate Park)  
**cost >>** Free

The Charters Towers Amazing Race Challenge is an outrageous adventure. Perfect if you want something to do during the School Holidays.

For more information contact Council's Youth Officer on 07 4761 5517
**Parent Connect Cover Area**

**Townsville**  
North to Ingham  
West to Mount Isa  
South to Sarina

**Rockhampton**  
North to Keppel  
West to Winton  
South to Mount Morgan

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**Our Referral Points**

- Community Child Healthcare Health
- Hospital
- Local GP Service
- Community Groups (Parent Carer, Parents)
- Mentors & Roles Service
- DSIQ High Needs Lifelong Planning CNTS
- DSIQ Assessment Care Management Therapy Funding

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**Cotharinga North Queensland Ability First!**

ACN 009 656 679  
ABN 92 009 656 679  
20 Keane Street, Currajong Q 4812  
PO Box 799, Castletown, Hyde Park Q 4812  
Phone: 07 4759 9300  
Fax: 07 4759 0442  
Email: cnq@cotharinga.org.au

**TOWNSVILLE - 07 4759 9337**  
E: parentconnect@cotharinga.org.au  
W: www.parentconnect.org.au

**ROCKHAMPTON - 07 4998 6550**  
E: parentconnect@umbrellanetwork.org

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**Parent Support Program**  
Connecting parents with vital support!

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A partnership with Cotharinga North Queensland, Umbrella Network - Rockhampton and Dept. Of Communities

**Building Inclusive Communities**

www.raisingchildren.net.au  
www.mytime.net.au

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**What Parent Connect can do for you**

**Our aim**  
Parent Connect aims to complement and strengthen supports provided by families, parents and their networks through:

**Family Networks**  
To meet, research and gain information that allows you to explore what you need.

**Community Inclusion**  
Short-term case coordination and planning support to assist families’ action steps to explore and reach their goals.

**Transition Support**  
Involves identifying services required to transition through normal child developmental growth stages through services coordination, counselling and access to specialist services.

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**Who is Parent Connect**

Parent Connect is a commitment by Cotharinga North Queensland, The Umbrella Network Rockhampton, and the Queensland Government Department of Communities to provide families and parents with flexible needs based early intervention, prevention and transition support at developmental stages for a child.

Parent Connect provides support to parents with children (0-6 years) and older children (over 6 years) with suspected, newly acquired or identified disability or developmental delay to gain the best outcomes for all.

**What do you need**

Simply talk to a Parent Connect Facilitator who will provide you with information, guidance and support to your child and family.

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**Parent Connect supports through**

- Meeting people who understand  
- Information Website  
- Support from birth  
- Mentoring  
- Shared experiences & ideas  
- Networks  
- Therapy  
- Counseling  
- Forums - workshops  
- Developing safe Inclusive Communities  
- Planning  
- Investigating funding options  
- Short term Coordination (12 months)  
- Referral to a Disability Service Centre near you.
Parent Support Program
Connecting parents with vital support!

Parent Connect supports families of children with a disability or developmentally delayed (0-6yrs) or older children (over 6yrs) with newly acquired or identified disability.

Parent, grandparents or families may be looking for

- **Family Networks**
  Information and support to explore their needs;

- **Community Inclusion**
  Short term coordination, planning, connection to community; and

- **Transition support**
  Identifying services and support required to transition through the child developmental growth stages, service coordination, counselling and access to specialist services from 0-18 yrs.

**TOWNSVILLE - 07 4759 2037**
E: parentconnect@cootharinga.org.au  
W: www.parentconnect.org.au

**ROCKHAMPTON - 07 4928 6550**
E: parentconnect@umbrellanetwork.org  
W: www.theumbrellanetwork.org

Find us on Facebook - Parent Connect NQ

Our vision:
Building a better world
with people of all abilities
Allied Health Service for Children

Unlocking your child's potential

We are a dedicated team of Allied Health Professionals who are committed to unlocking and maximising the potential of children with a disability or developmental concerns.

Come see us in our relaxed, child-friendly centre. We can also see your child at school, childcare centre, community or home.

Occupational Therapists work with children to improve their quality of life by helping them achieve more and participate in play, pre-school/school and home activities.

Speech Pathologists work with children to improve communication skills by working on areas of speech, language and literacy. Speech Pathologists can also assist with eating, drinking and swallowing difficulties.

Funding Available
Children under 7 can access $12,000 if they have one of the following diagnoses:
- Autism
- Cerebral Palsy
- Deafblindness
- Down Syndrome
- Fragile X
- Hearing Impairment
- Vision Impairment

Private health and Medicare rebates are also available.

Call us now!

07 4759 2060

Email: ahsca@cootharinga.org.au
Website: www.cotharinga.org.au

Our vision:
Building a better world with people of all abilities